

LIFE SAVING VICTORIA



Life
Saving
Victoria



PLAY IT SAFE
BY THE WATER

Your journey through lifesaving is unique.

***There are many different pathways to take
you where you want to go.***





Use this booklet to guide your pathway.

***Let it inspire a pathway that will give you
an experience of a lifetime.***

Introduction

This guide has been developed to assist and support Life Saving Victoria's members to choose their development, training and leadership pathways. The document contains useful information on suggested pathways. These pathways are not intended to be compulsory but to be used as a guide for members as they progress through the different aspects of lifesaving in Victoria.

Nationally Recognised Training

Some of the lifesaving awards in this document are accompanied with nationally recognised units of competency. Only RTO's such as LSV, can provide this type of training. Many of these units of competencies are also recognised by other industries.



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Pathways in Lifesaving

Life Saving Victoria offers a multitude of different pathways and options for all club members.

Patrolling

State Volunteer Roles

Aquatic Sports

Employment

Member Development



Lifesaving Awards

Over 30,000 volunteer club members contribute to ensure that all visitors to the state's patrolled coastal and inland waterways are provided with a safe and enjoyable aquatic experience. As lifesavers we patrol the beach, we educate and we strive to reduce the drowning toll to zero.

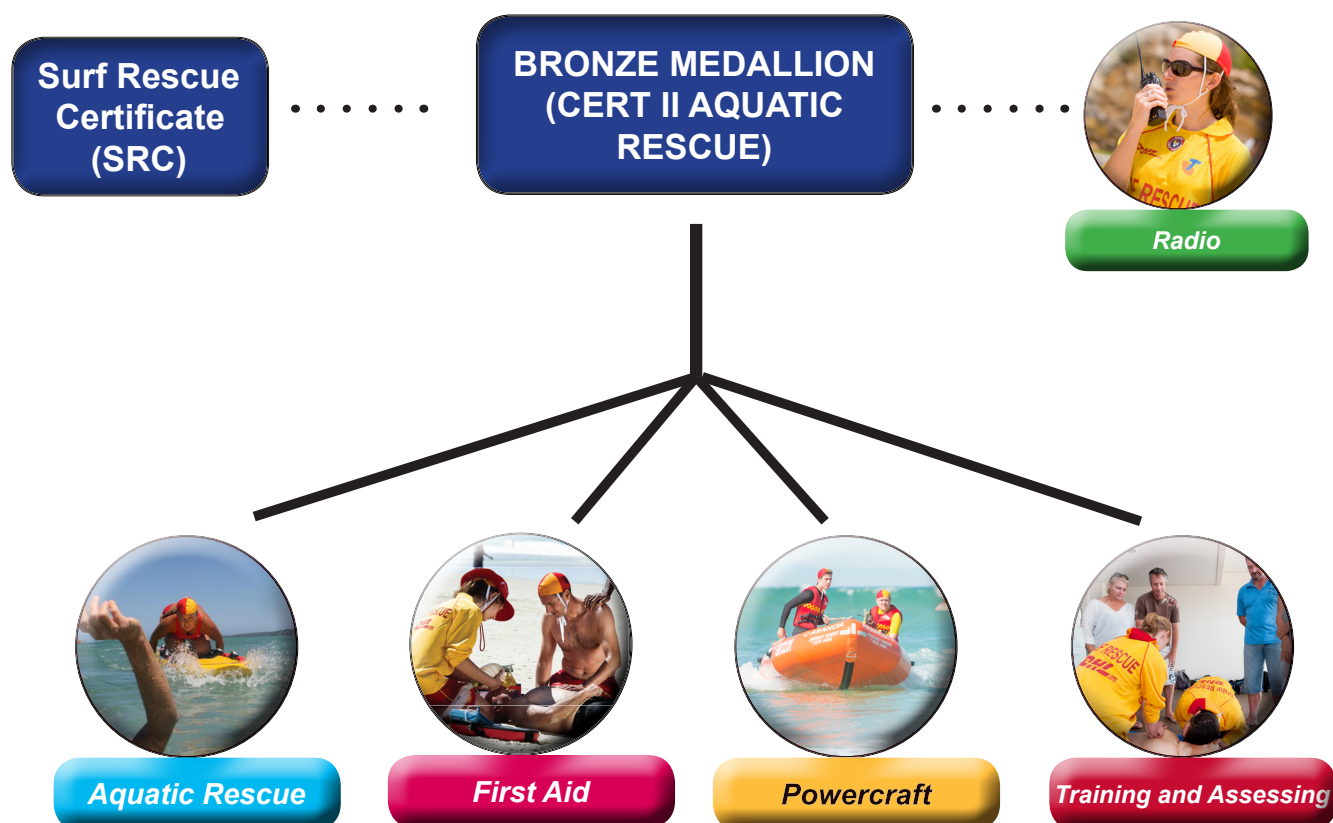
To do this professionally and effectively members must train and obtain awards. These awards will equip our lifesavers with the skills and knowledge needed to patrol our beaches.



Lifesaving Awards

Once you complete your Bronze Medallion or Surf Rescue Certificate, you have the opportunity to achieve many other awards. You may find yourself in the following roles:

- Patroller
- First Aid Officer
- Chief Instructor
- Club Captain
- Club Trainer
- Club Assessor
- State Training and Assessment Officer
- State Lifesaving Operations Officer
- LSVComms Communications Operator
- Water Safety
- Helicopter Rescue Crew



The Bronze Medallion is the base award for many others.

Lifesaving Awards Summary

Under each award type there is a number of different awards that you can obtain.



Aquatic Rescue

- Surf Rescue Certificate
- Bronze Medallion
- Silver Medallion Basic Beach Management
- Silver Medallion Aquatic Rescue
- Gold Medallion



First Aid

- Advanced Resuscitation Techniques Certificate
- Spinal Management
- First Aid



Powercraft

- IRB Crew
- IRB Driver
- Rescue Watercraft Operator
- Marine Rescue Vessel Crew/Driver
- Rescue Helicopter Crew



Training and Assessing

- Training Officers Certificate
- Assessor Award
- Facilitator Award
- Certificate IV Training and Assessment



Radio

- Radio Operators Certificate
- LSVComms Communication Officer



Aquatic Rescue

Aquatic Rescue Awards

Surf Rescue Certificate

Description

Provides participants with basic patrolling and surf awareness knowledge, in order to be able to participate in basic lifesaving operations.

Prerequisites

- 13 years +
- Ability to complete a 200m swim within five (5) minutes

Opportunities

- Participants will be able to participate in patrols under the guidance of more experienced patrolling members.
- They can continue to develop their skills by completing their Bronze Medallion.



Bronze Medallion / Certificate II in Public Safety (Aquatic Rescue)

Description

Provides participants with patrolling and surf awareness knowledge, in order to be able to participate in basic lifesaving operations.

Prerequisites

- 15 years +
- Ability to complete a 400m swim within nine (9) minutes

Opportunities

- Stepping stone for most other lifesaving awards.
- Participants will be able to participate in patrols. They can further develop their rescue skills by completing their Gold Medallion and/or complete any first aid/ emergency care awards.



Silver Medallion - Beach Management

Description

Provides participants with the skills, knowledge and experience to manage a beach in emergency and non-emergency situations. Silver Medallion Beach Management is recommended for all Patrol Captains.

Prerequisites

- 17 years +
- Proficient in Bronze Medallion award or
- Hold a Bronze Medallion and be proficient in one of the following :
 - Radio Operator Certificate
 - Advance Resuscitation Techniques Certificate
 - First Aid
 - Spinal Management

Opportunities

- Patrol Captain
- Club Captain
- Team Leader



Silver Medallion - Aquatic Rescue

Description

Provides participants with advanced skills and knowledge to effectively coordinate search and rescue operations.

Prerequisites

- 16 years +
- Proficient in Bronze medallion

Opportunities

- Participants will become advanced patrolling members
- Hold the competencies to coordinate aquatic rescues.

Gold Medallion

Description

Provides participants with advanced skills and knowledge to manage emergency situations in autonomous situations.

Prerequisites

- 17 years +
- Proficient in Advanced Resuscitation Techniques Certificate
- Proficient in First Aid
- Proficient in Bronze Medallion
- Proficient in Beach Management

Opportunities

- Participants will become advanced patrolling members
- Hold the competencies to potentially gain employment as a Lifeguard through the Australian Lifeguard Service.





First Aid

First Aid & Emergency Care Awards

Resuscitation Certificate

Description

Provides participants with the knowledge and skills to perform CPR during an emergency incident.

Prerequisites

- 10 years +

Opportunities

- Participants will be able to perform CPR during an emergency situation.
- They will be able to further develop their skills by completing their Advanced Resuscitation Techniques Certificate.

First Aid Certificate

Description

Provides participants with the skills and knowledge to manage an emergency first aid situation until professional medical support is available.

Prerequisites

- 14 years +

Opportunities

- Participants will become a specialised first aid patrolling member.
- They can further develop their skills by completing additional emergency care awards.



Spinal Management

Description

Provides participants with the skills, knowledge and experience to manage patients with suspected spinal injuries in an aquatic environment and in emergency situations.

Prerequisites

- 15 years +
- Proficient in First Aid or proficient in Bronze Medallion

Opportunities

- Participants will become Spinal Management specialised patrolling members.
- They can further develop their skills by completing additional first aid or emergency care awards.

Advanced Resuscitation Techniques

Description

Provides participants with the skills and knowledge to use oxygen, airway management devices and automated defibrillator during resuscitation, and to administer oxygen to conscious or unconscious breathing casualties.

Prerequisites

- 15 years +

Opportunities

- Participants will become specialised resuscitation patrolling members.
- They can further develop their skills by completing additional first aid or emergency care awards.





Powercraft

Powercraft Awards

All Terrain Vehicle Operator Certificate (ATV)

Description

Provides participants with the skills and knowledge to safely and effectively operate an ATV for lifesaving purposes.

Prerequisites

- 18 years +
- Current drivers licence
- Proficient in either Bronze Medallion, Advance Resuscitation Techniques Certificate, Beach Management, Apply First Aid or Spinal Management

Opportunities

- Participants will be able to further assist on patrols by having the skills to drive the ATV.



Inflatable Rescue Boat Crew Certificate (IRB Crew)

Description

Provides participants with the skills and knowledge to effectively crew an IRB in rescue operations.

Prerequisites

- 15 years +
- Proficient in Bronze Medallion

Opportunities

- Participants will be able to further assist on patrols and watersafety by having the skills to crew an IRB.
- They can further develop these skills by completing their IRB Driver Certificate.



Silver Medallion Inflatable Rescue Boat Driver Certificate (v)

Description

Provides participants with the skills and knowledge to effectively drive an Inflatable Rescue Boat in rescue operations.

Prerequisites

- 17 years +
- Proficient in Bronze Medallion
- Proficient in IRB Crew Certificate
- Current Victorian Marine Licence

Opportunities

- Participants will be able to further assist on patrols and water safety by having the skills to drive an IRB.



Rescue Water Craft Operator Certificate (RWC)

Description

Provides participants with the skills and knowledge to effectively drive and manage a Rescue Water Craft in rescue operations.

Prerequisites

- 18 years +
- Bronze Medallion and Certificate II Public Safety (Aquatic Rescue)
- Current Victorian drivers license with the ability to operate a tow vehicle
- Current Victorian Marine Licence with PWC Endorsement

Opportunities

- Participants will become a Rescue Water Craft Operator and be able to be a part of further lifesaving services.
- Become a RWC Lifeguard



Marine Rescue Vessel Crew

Description

Marine Rescue Vessels respond to taskings year round and assist the Victorian Water Police in any situation possible. There are many locations around the state with regular patrols at some locations.

Prerequisites

- 16 years +
- Rescue crew person must be proficient in Bronze Medallion and Certificate II Public Safety (Aquatic Rescue)
- Other crew persons (non-rescue crew person) must have completed the unit of competency 'Survive at sea in the event of vessel abandonment'



Opportunities

- Members will have the qualifications to become Marine Rescue Vessel Crew and be able to participate in additional lifesaving services.
- They can further their skills by being a Marine Rescue Vessel Skipper.

Marine Rescue Vessel Skipper

Description

Marine Rescue Vessels respond to taskings year round and assist the Victorian Water Police in any situation possible. There are many locations around the state, with regular patrols at some locations.

Prerequisites

- 18 years +
- Current Victorian Marine Licence
- Certificate II – Transport and Distribution (Maritime Operations)
- Current Coxswains qualification or higher

Opportunities

- Members will have the qualifications to operate a Marine Rescue Vessel and be able to participate in additional lifesaving services.



Westpac Lifesaver Rescue Helicopter Crew

Description

The Westpac Lifesaver Rescue Helicopter service patrols Victoria's busy coastline from Waratah to Apollo Bay along with Port Phillip Bay, as well as providing valuable support for other state emergencies and Marine Search and Rescue (MSAR) operations. It is available year round to assist in any emergency statewide.

The helicopter can be tasked to incidents such as shark patrols, marine incidents, static line rescues, search and rescue of lost swimmers, missing boats and fishermen in distress as well as providing support in inland emergencies.

Prerequisites

- Proficient in Bronze Medallion
- Proficient in First Aid (AID)
- Proficient in Spinal Management Certificate
- Proficient in Advance Resuscitation Techniques (AID)
- Current drivers licence
- Completed minimum three (3) years of active beach patrol in Victoria
- Participants will go through a selection process which will include fitness and operational testing as well as interviews

Opportunities

- Once selected, members will be a helicopter crew person and be able to participate in additional lifesaving services.





Training and Assessing

Trainer and Assessor Awards

Trainer, Assessors and Facilitators are required to hold the award they wish to deliver and complete an endorsement process in order to deliver lifesaving awards.

Facilitators are required to hold both the Trainer and Assessor awards in the relevant award for two years prior to applying for facilitator endorsement.

Training Officer Certificate

Description

Provides participants with the skills, knowledge and experience to deliver quality training of lifesaving awards.

Prerequisites

- 16 years +

Opportunities

- Participants will be able to train other club members.
- Following the course members will undertake supervised training in a specific award.
- They can further develop their skills by completing the Assessors Certificate, and/or Certificate IV in Training and Assessment.

Assessors Certificate

Description

Provides participants with the skills, knowledge and experience to competently assess lifesaving awards.

Prerequisites

- 18 years +

Opportunities

- Participants will be able to assess club training courses.
- Following the course members will undertake supervised assessing in a specific award.
- They can further develop their skills by completing the Training Officer Certificate, and/or Certificate IV in Training and Assessment.

Certificate IV in Training and Assessment (Bridging)

Description

Provides the participants with the skills, knowledge and experience to deliver quality Training and Assessment of Life Saving awards.

Prerequisites

- 18 years +
- Training Officer and Assessor

Opportunities

- Participants will be able to facilitate club training courses.
- Members may further develop their skills by building on from previous knowledge gained during the Trainer and Assessor courses.
- Following the course members may apply as a Facilitator for appropriate courses.

Certificate IV in Training and Assessment

Description

Provides the participants with the skills, knowledge and experience to deliver quality Training and Assessment of Life Saving awards.

Prerequisites

- 18 years +

Opportunities

- Participants will be able to facilitate club training courses.
- Members may further develop their skills by building on from previous knowledge gained during the Trainer and Assessor courses.
- Following the course members may apply as a Facilitator for appropriate courses.



Radio

Radio Awards

Radio Operators Certificate

Description

Provides participants with the skills and knowledge to perform basic communication practices.

Prerequisites

- 13 years +

Opportunities

- Participants will have the competencies to effectively and confidently use radios as a means of communication whilst patrolling.



LSV Communications Centre Operator (LSVComms)

Description

Provides participants with the skills and knowledge to perform communication practices, these roles are responsible for receiving and processing all emergency and non-emergency state-wide communications.

Prerequisites

- 17 years +
- Written club endorsement

Desirable Qualifications

- Bronze Medallion / Certificate II Public Safety (Aquatic Rescue)
- First Aid
- Radio Operator Award

Membership and Leadership Development

Member leadership and development activities play a key role within lifesaving as the foundation for the future of our unique organisation. It is important that we ensure the promotion of social, emotional, mental, physical growth and development of all our members in a healthy, safe and supportive environment.



Membership and Leadership Development Programs

LSV M&LD Programs

1. U13 Development Camp
2. U15 Leadership Development Camp
3. Champion Junior Lifesaver
4. YIPS
5. 18-30 Development Workshops
6. Youth Program Leaders
7. Building Leaders Scholarship
8. Female Leadership Network (FLN)

SLSA Leadership Development Programs

1. SLSA National Leadership College
2. SLSA Leaders Masterclass

Junior Development Programs

1. Nippers
2. Age Managers Course
3. Age Manager Presenter

Cross Agency Opportunities

1. Emergency Services Foundation - Scholarship Program
2. Emergency Management Conference
3. Emergency Services Foundation - Volunteer Leaders Forum
4. VFBF Volunteer Leadership Program

Female Leadership Network



The LSV Female Leadership Network (FLN) is open to all females 18+ within the movement including staff and volunteers members from all roles and facets that have a genuine interest in networking, personal growth and professional development.

With female representation in Victoria, now over 50% and climbing, females are an integral part of the past, present and future of the lifesaving movement. We celebrate the many roles and facets that females contribute, pay tribute to the exceptional role of our female volunteers and acknowledge the opportunity that lifesaving brings for females to be active, participate, develop and lead.

The objectives of the Female Leadership Network are:

- To enhance the development of our female leaders and our future leaders
- Create an environment that encourages socialisation and positive relationships between female participants
- Encourage further involvement and opportunities for females in the lifesaving movement
- Develop leadership skills through a variety of activities, keynote speakers and networking events
- Provide the opportunity to develop new networks within lifesaving
- Provide the opportunity to develop broader professional networks that extend beyond lifesaving and into professional industries and everyday life
- Partner with other areas of lifesaving to encourage collaboration across all areas of the movement
- Provide mentoring opportunities to female leaders within lifesaving



Membership and Leadership Development Programs

U13 Development Camp

Description

The two night camp provides participants with fun and exciting activities as an introduction to leadership skills. The camp is designed to facilitate personal growth of young members in a safe and supportive environment.

The objectives of the camp are to:

- Develop confidence, communication and people skills
- Exposure to team building initiatives
- Develop friendships and networking with members from across the state

Target Group

- 12 - 13 year olds



U15 Development Camp

Description

The two night camp is designed to provide participants with exciting activities in relation to leadership development while in a safe and supportive environment. The camp encourages participants to continue developing their skills as leaders within their clubs and the broader community.

The objectives of the camp are:

- Develop leadership and life skills
- Develop interpersonal skills
- Solve challenging problem solving tasks
- Develop friendships and networking with members from across the state
- Complete trust and teamwork exercises

Target Group

- 14 - 15 year olds



Champion Junior Lifesaver

Description

The aim of Champion Junior Lifesaver is to showcase the important contribution our youth members have to lifesaving, as well as encourages the development of strong, confident and committed youth members. The purpose is to build participants confidence, self-esteem and personal belief that through hard work and dedication they can achieve personal goals as well as contribute to their community in a positive, meaningful way. Candidates participate in a day of leadership and development workshops and are assessed on their application, club and community contribution, as well as their SRC skills and knowledge through scenario based activities

Target Group

- 13 – 14 year olds who have their SRC



Youth Involvement Program (YIPs)

Description

The Youth Involvement Program provides youth members with a structured engagement program to keep them motivated and involved in Lifesaving while providing them with the opportunity to explore and become involved in a range of areas within the movement which they may not have previously considered.

Target Group

- Members aged 14 – 18 years

YOUTH INVOLVEMENT
YIPS
PROGRAM

18 – 30 Leadership Development Workshops

Description

The workshops provide leaders with the opportunity to excel both personally and professionally through meaningful workshops, leadership development, exposure to motivational speakers and the chance to engage and network with established young like-minded leaders within lifesaving.

Target Group

- 18 – 30 year old current and aspiring leaders

Youth Development Program Leaders

Description

Facilitate, mentor and instruct participants in a range of LSV youth leadership camps and programs, ensuring an understanding of key messages are delivered in an enthusiastic, professional and safe manner, representing LSV. Youth Leaders provide leadership, counsel and support to program mentors and participants.

Target Group

- Active members age 18+

Building Leaders Scholarship

Description

The Building Leaders Scholarship aims to engage and empower participants by providing meaningful leadership development, specialised technical training and the opportunity to access advanced skills and knowledge under the guidance of mentors from lifesaving, business and the community. This advanced leadership program is conducted over a 6 month period and consists of 8 key sessions and 10 days abroad training and building the capacity of lifesavers overseas.

Target Group

- 18 – 25 year old current leaders



SLSA Membership and Leadership Development

SLSA National Leadership College

Description

The College is a week long live in program based in Sydney. It is all about gaining an understanding of the skills required to be an effective leader and developing these skills in an interactive and dynamic environment. The College develops leadership skills and helps participants learn a great deal about themselves. This practical course consists of inspiring keynote speakers, interactive facilitator led workshops, challenging activities and an opportunity to network with other passionate and aspiring leaders from across the country.

Target Group

- 18-30 year olds who have demonstrated leadership within lifesaving and an eagerness to pursue leadership roles in the future



SLSA Leaders Masterclass

Description

The aim of the Leaders Masterclass is to provide an opportunity for existing leaders within lifesaving to participate in a high-level leadership development program. The Masterclass will provide participants with an environment that will enable them to refresh and extend their leadership capabilities. No Leaders Masterclass is ever the same, with participants guiding the program content based on their identified development needs.

Target Group

- Committee members who aspire to remain and progress in various club, state and national leadership roles in the future.

Junior Development Program (Nippers)

Nippers

Description

Nippers is a National Program that teaches kids the basic lifesaving skills required to be safe around an aquatic environment as well as developing their skills to compete in surf sports. The program includes lessons that are tailored to age groups U6 – U14.

Target Group

- Children between the ages of 5 and 13



Age Managers Course

Description

An Age Managers Accreditation is compulsory for all members delivering Junior Lifesaving Programs at their club. This course ensures that Age Managers are aware of their obligations towards junior lifesavers, and also provides them with the skills to assist Nippers in their growth towards being future lifesavers.

Target Group

- Nipper Parents
- Working with Children Check

Age Managers Course Presenter

Description

Age Manager Presenter Course gives participants the tools and skills necessary to be able to facilitate their own Age Managers Course.

Target Group

- Members who hold their Age Manager accreditation and have experience in teaching and facilitating
- Have held their Age Managers presenters Award for 2 season



Cross Agency Opportunities

Emergency Services Foundation – Scholarship Program

Description

The purpose of the Emergency Service Foundation Scholarship is to enable fellowships and grants to volunteer members of Victorian emergency services and emergency health agencies, to assist them to undertake advanced studies in Australia or overseas.

Target Group

- Members of Victorian Emergency Services

Emergency Management Conference

Description

The Emergency Management Conference is the annual Conference presented by the Emergency Services Foundation to provide a forum for the exchange of valuable information gained by emergency services workers in the line of duty and in research.

Target Group

- Life Saving Victoria Members

Emergency Services Foundation – Volunteer Leaders Forum

Description

The Volunteer Leaders Forum is designed to expose volunteer leaders, and leaders of the future to a range of initiatives and developments in emergency management. The Forum provides participants with an opportunity to learn more and see more of the inner workings of Emergency Management and involves key note speakers and presentations from within emergency services, leadership workshops as well as site tours of emergency services in Victoria. Participants will gain an understanding into the latest policy, doctrine and technology that will assist in responding to emergencies and will result in better outcomes for the community.

Target Group

- Nominated current or aspiring leaders who are directly involved in direct emergency management provision

Volunteer Fire Brigades Victoria Volunteer Leadership Program

Description

The VFBV Volunteer Leadership Program provides key volunteers with a nationally recognised qualification that will be useful in their career, as well as their role as an emergency service volunteer and provide them with new skills and tools to utilise within their club. The program also provides an opportunity to network with a broad range of Emergency Service Agencies. Participants will receive a Cert IV in Front Line Management.

Target Group

- Nominated current or aspiring leaders ages 18+

Aquatic Sport

Patrolling and the training of new lifesavers is the core business of lifesaving. Aquatic sports provides opportunity to further develop essential skills needed for lifesaving. It also provides opportunity for many behind the scene roles such as coaching and officiating at sporting events.

A range of events included but not limited to beach, first aid, IRB, and rowing competitions.



Aquatic Sport Pathways Summary

Depending on your age and skill level LSV has a range of different programs to suit your abilities.

Juniors

1. Nippers
2. Club Sport Activities and Events
3. State Junior Competitions
4. Victorian Junior Championships
5. Australian Youth Surf Life Saving Championships

Seniors and Masters

1. Club Sport Activities and Events
2. Senior and Master Carnivals
3. Victorian Junior Championships
4. Australian Surf Life Saving Championships

Athlete Development

1. Victorian Development Squad
2. Youth High Performance Squad
3. Victorian State Teams
4. Australian Lifesaving Teams

Coaching Accreditations

1. Foundation Coach
2. Development Coach
3. Performance Coach
4. High Performance Coach

Officials Accreditations

1. Junior Official
2. Level 1 Official
3. Level 2 Official
4. Level 3 Official

Juniors

Nippers

Description

Nippers is a National Program that teaches kids the basic lifesaving skills required to be safe around an aquatic environment as well as developing their skills to compete in surf sports. The program includes lessons that are tailored to age groups U6 – U14.

Target Group

- Children between the ages of 5 and 13



Club Sport Activities and Events

Description

Clubs can hold events such as Club Championships or inter Club Carnivals, where junior members can become involved and further develop their skills learned through Nippers in a friendly competition environment.

Junior Carnivals

Description

Life Saving Victoria in conjunction with the clubs, conduct various beach and pool competitions across the state. These events are a fantastic way to get kids moving and actively participating in sporting activities. Additionally, junior competition works together with the Junior Development Program, as it helps Nippers with their understanding of surf conditions and safety in and around the water.

Prerequisites

- Competition is open for U8's– U14's
- Completion of the relevant competition evaluation award



State Junior Championships

Description

The State Championships are the pinnacle of junior lifesaving competition in Victoria. At the end of each season the State Championships are held for both beach and pool carnivals. Junior members are able to showcase their skills that they have developed throughout winter and summer.

Prerequisites

- Completion of the relevant competition evaluation award
- Completion of the relevant junior surf education award
- U14 members must have completed their Surf Rescue Certificate



Australian Surf Life Saving Junior Championships

Description

The purpose of the Australian Youth Championships is to provide eligible members with the opportunity to participate in an event that brings the national movement and the community together in a safe and spirited celebration of the best of our lifesaving traditions, culture and sport. It's an opportunity where U14 and U15 members can test their beach competition skills against members from the other states.

Prerequisites

- U14 and U15 competitors
- Competitors must have participated in their respective State Championships to be eligible
- U14 members must have completed their Surf Rescue Certificate



Seniors and Masters

Club Sport Activities and Events

Description

Clubs can hold events such as club championships, inter club carnivals, ocean swims or fun runs that members can become involved in and further develop their skills.

Senior and Masters Carnivals

Description

Life Saving Victoria in conjunction with the clubs, conduct various senior carnivals across the state. These carnivals include beach, pool and IRB. They offer a range of disciplines that you can compete in. Engaging in regular competition is a great way to maintain skills and fitness as well as creating new friendships and developing comradeship within and between clubs.

Prerequisites

- Completed and passed skills maintenance by 31 December of the year prior to the competitions
- Must be a financial and active member



State Senior and Masters Championships

Description

The State Championships are the pinnacle of lifesaving competition in Victoria. At the end of each season State Championships are held for beach, pool, masters and IRB carnivals. Members are able to showcase their skills that they have developed throughout the season in multiple disciplines.

Prerequisites

- Gained awards by close of entries or completed and passed skills maintenance by 31 December
- Completed the required patrol hour requirements prior to close of entries

Australian Surf Life Saving Championships Seniors and Masters

Description

The Australian Surf Life Saving Championships, known as 'The Aussies' has become a major event on the Australian sporting landscape. It consists of a nine day festival of Surf Life Saving sport action and includes:

- Australian Youth Surf life Saving Championships
- Australian Masters Surf Life Saving Championships
- Australian Open Surf Life Saving Championships

Other national sport events include The Australian IRB and Pool Rescue Championships, Interstate Championships and the Nutri-Grain Iron Man Series. There is also International Lifesaving Championships.

Prerequisites

- Gained awards by close of entries or completed and passed skills maintenance by 31 December
- Completed the required patrol hour requirements prior to close of entries



Athlete Development

Victorian Development Squad

Description

The Victorian Development Squad runs throughout the off season. The Squad provides athletes with additional coaching and skill training opportunities throughout the winter. The program includes surf skills, cross training, pool training and competition training and is directed to assist junior athletes in improving their skills and abilities.

Target Group

- Under 12 to Under 15 athletes

Youth High Performance Squad

Description

The Junior High Performance Squad aims to provide athletes with coaching and skills training from some of the best coaches in the state. The group also aims to improve the standard of club training, with athletes expected to take the skills learnt back to their clubs.

Target Group

- Under 13, Under 14 and Under 15 athletes
- Top four placing at the Victorian State Championships in individual disciplines, with special consideration for other performances

High Performance Squad

Description

This program is designed to complement training programs that athletes may be following through their clubs as well providing programming support for athletes without club coaches. It aims to improve the performance of Victorian athletes on a national scale, especially in representative teams.

Target Group

- Under 15+ athletes
- Top three placing at the Victorian State Championships in individual disciplines, with special consideration for other performances

Victorian State Teams

Description

The highest individual honour within the state is to represent Victoria against the rest of Australia. Life Saving Victoria's State Team athletes compete at a number of different interstate and friendly international competitions throughout the season. The teams include Beach, Pool, IRB, Surf Boat, Wieland Shield and Development State Teams.

Target Group

- Under 13+ to open ages depending on the discipline
- Victoria's best athletes

Australian Lifesaving Team

Description

Surf Life Saving Australia's High Performance pathway is for members that aspire to represent Australia in Lifesaving Sport. Supported by the Australian Sports Commission and in partnership with Royal Life Saving Society Australia an Australian Team is selected to contest in the bi-ennial World Lifesaving Championships, National Teams Competition. In addition, there is a national representation available for youth aged members and elite surf boat crews.

Target Group

- Youth competitors must be 18 years or younger on 31 December in the year of competition
- Australia's best athletes



Coaching Accreditations

Foundation Coach

Description

The Foundation Coach course is a basic introduction to coaching. Participants can further develop their skills by completing the Development Coach Course.

Prerequisites

- 16 years +
- Working with Children Check if 18 +

Target Group

- Parents of Nippers
- New club members
- People with an interest in coaching

Development Coach

Description

The Development Coach Course is for a coach who has chosen a specific discipline/s to coach participants. Participants can further develop their skills by completing Performance Coach Course.

Prerequisites

- 16 years +
- Working with Children Check if 18 +

Target Group

- Parents of Nippers and athletes
- Lifesaving Trainers
- Current/Ex Competitors
- Partner National Sport Organisation coaches wishing to coach lifesaving athletes
- Age Managers wishing to further develop their skills

Performance Coach

Description

The Performance Coach Course is for a coach who is a specialist within their discipline, striving for a performance based outcome from their athletes. A Performance Coach is a mentor to other coaches and will be able to facilitate workshops in their disciplines.

Prerequisites

- 16 years +
- Working with Children Check if 18 +

Target Group

- Ex competitors
- High performance partner National Sport Organisation coaches wishing to coach lifesaving athletes

High Performance Group

Description

A selected group of coaches who have been identified as leaders within their chosen field. Each member of this group will be supported with an individual Coach Performance Plan which will facilitate High Performance Coaches to be at the cutting edge of lifesaving sport at the highest level.

Prerequisites

- 16 years +
- Working with Children Check if 18 +
- Performance Coach Accreditation

Target Group

- High Performance selected coaches
- New club members
- People with an interest in coaching

Officials Accreditations

Junior Official

Description

The Junior Officials Course is a basic introduction to officiating. Participants can further develop their skills by completing a Level 1 Officials Course.

Prerequisites

- 16 years +
- Working with Children Check if 18 +

Target Group

- Young members wishing to help out
- Parents

Level 1 Official

Description

The level 1 Officials Course provides participants with the necessary skills and knowledge to officiate at sports events in various positions. Participants can further develop their skills by completing a level 2 Officials Course.

Prerequisites

- 16 years +
- Working with Children Check if 18 +

Target Group

- Experienced Junior Officials
- Ex-athletes
- Parents who are familiar with the sport

Level 2 Official

Description

The Level 2 Officials Course aims to provide an intermediate training program for experienced lifesaving Officials and enable them to further their career path in senior sports officiating positions.

Prerequisites

- Level 1 Official
- Working with Children Check if 18 years +

Target Group

- Experienced Level 1 Officials

Level 3 Official

Description

A Level 3 Officials Course is an advanced training program for Officials acting primarily in a leadership role, for example carnival referee major lifesaving events.

Prerequisites

- Level 2 Official
- Working with Children Check if 18 years +

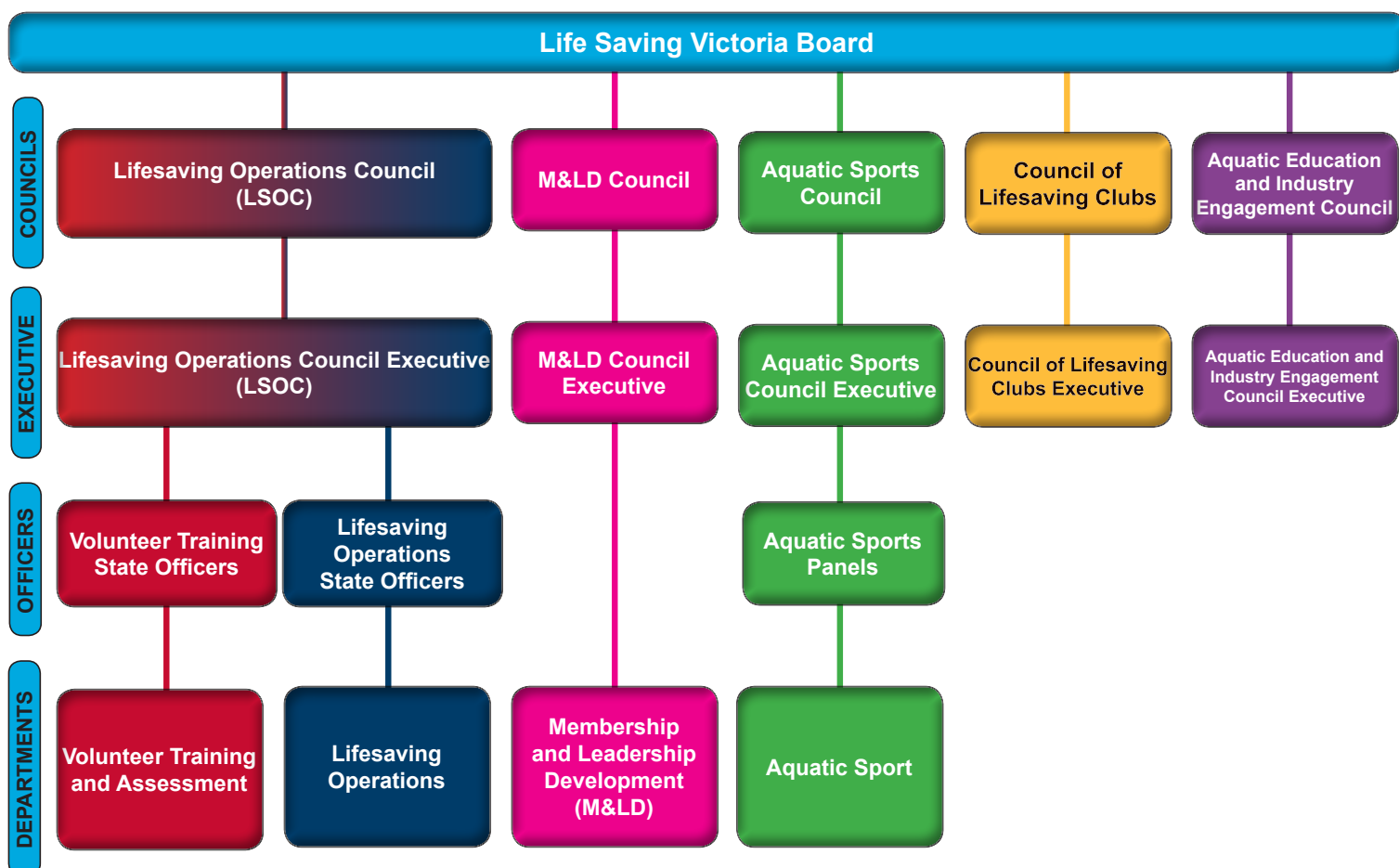
Target Group

- Nationally experienced
- Recognised Officials

Life Saving Victoria Volunteer Pathways

Life Saving Victoria's four councils is made up of it's members who volunteer their time for the organisation's future.

The Board is also governed by volunteers who uphold and support Life Saving Victoria's mission statement, and guide the direction of the organisation.



Volunteer Training and Assessment & Lifesaving Operations

Volunteer Training State Officers

Description

Volunteer Training State Officers assist the Lifesaving Operations Executive to coordinate lifesaving training and assessing within Victoria.

Positions

- State Training Membership Development Officer
- State Training Strategy and Communication Officer
- State Training and Assessment Officer - Bass, Bayside, Geelong, Gippsland, Kingston, Otway, Peninsula, Port Phillip, Surfcoast, Western

How To Get Involved

Nominees must be members of Life Saving Victoria. Nominations for the positions are called for every two years.

Lifesaving Operations State Officers

Description

Lifesaving Operations State Officers assist the Lifesaving Operations Executive coordinate lifesaving operations within Victoria.

Positions

- State Lifesaving Communications Officer
- State Powercraft Officer
- State Service Standards and Efficiency Officer
- State Gear and Equipment Officer
- Lifesaving Operations Officer - Bass, Bayside, Geelong, Gippsland, Kingston, Otway, Peninsula, Port Phillip, Surfcoast, Western

How To Get Involved

Nominees must be members of Life Saving Victoria. Nominations for the positions are called for every two years.

Lifesaving Operations Council Executive

Executive Description

The Lifesaving Operations Executive is responsible for managing and coordinating lifesaving operations within Victoria. They report to the Lifesaving Operations Council.

They facilitate, coordinate, develop, implement and oversee

- Lifesaving and lifeguard services
- Emergency management systems and procedures
- Lifesaving training and assessment

Positions

- Director - Lifesaving Services
- Director - Training & Assessment
- Council Representative/ Chair
- Council Representative
- State Resource, Research and Development Officer
- State Training and Assessment Supervisor
- State Emergency management Officer
- Two additional Lifesaving Services Representative

How To Get Involved

Nominees must be members of Life Saving Victoria. Nominations for the positions are called for every two years, with 50% of the positions being called for each year. Council Representatives and Chair positions are one year terms.

Lifesaving Operations Council

Description

The Lifesaving Operations Council has four meetings per year that Delegates attend. Council meetings provide a forum to communicate and discuss the latest information and issues in Training and Assessment and Lifesaving Operations. Delegates can provide recommendations and advice to LSV. Delegates take this information back to their Club.

Positions

- Council Delegates
- LSOC Executive Officers
- Club Presidents

How To Get Involved

Each affiliated Life Saving Club may appoint one Council Delegate to the Lifesaving Operations Council. The Delegate must be a member of the affiliated Life Saving Club and have the endorsement of the club.

Membership and Leadership Development

Membership and Leadership Development Executive

Executive Description

The Membership and Leadership Development Executive is responsible for the leadership development and direction for membership within LSV.

The Executive continuously reviews Membership and Leadership Development practices, recommends improvements and develop initiatives that result in the implementation of the highest standards.

Positions

- Director – Membership and Leadership Development
- Chair
- Council Representative
- Member Protection Coordinator
- Lifesaving Development Coordinator
- Leadership Programs Coordinator
- Development Camps Coordinator
- Special Projects Coordinator

How To Get Involved

Nominees must be members of LSV. Nominations for positions are called for every two years, with 50 % of positions are called for each year. The Council Representative position is nominated each year.

Membership and Leadership Development Council

Description

The Membership and Leadership Development Council has four meetings per year that Delegates attend. The Council is responsible for facilitation and coordination of the development and implementation of membership and leadership related activities that foster increased participation by LSV members in a broad range of activities offered by LSV. Delegates take this information discussed in the meetings back to their Club.

Positions

- Delegates
- Membership and Leadership Development Officers

How To Get Involved

Each affiliated Life Saving Club may appoint one Delegate to the Membership and Leadership Development Council. The Delegate must be a member of the affiliated Life Saving Club and have the endorsement of the club.

Aquatic Sports

Aquatic Sports Panels

Panel Description

The Aquatic Sport Panels focus on their individual disciplines. They work to improve competition by the way of rules and formats and seek to lift the profile and increase participants.

Panels

- Powercraft Panel
- Sport Development Panel
- Lifesaving Events Panel
- Pool Competition Panel

How To Get Involved

Each year Expressions of Interest will go out to members. This will be following the AGM's, where Executive members are confirmed.

Aquatic Sports Council

Description

The Aquatic Sports Council has four meetings per year that Delegates attend. The Council is responsible for facilitation and coordination of the development and implementation of lifesaving competition practices and procedures. Delegates take this information discussed in the meetings back to their Club.

Positions

- Council Delegates
- Each Life Saving Club and Swimming Pool Member involved in aquatic sport

How To Get Involved

Each affiliated Life Saving Club may appoint one Delegate to the Aquatic Sports Council. The Delegate must be a member of the affiliated Life Saving Club.

Aquatic Sports Executive

Executive Description

The Aquatic Sport Council Executive is responsible for the day to day coordination of LSV's Aquatic Sports.

These responsibilities include:

- Promotion and facilitation of lifesaving competition at beaches, and pool venues
- Coordination and conduct of senior and junior beach, pool and IRB competitions
- Coordination and development of sponsorship and fundraising
- Coordination and development of coaching and officiating education programs
- Development of strategies to increase member participation in lifesaving competition
- Develop and implement plans for the continuous improvement of the
- Sport of lifesaving
- Coordination of event water safety requirements

Positions

- Director Aquatic Sports
- Chair
- Council Representative
- Chief Referee
- Junior Referee
- Powercraft and Gear Coordinator
- Pool Panel Coordinator
- Board and Ski Representative
- Swim Representative
- Sport Development Coordinator
- Lifesaving Events Coordinator
- Beach Representative
- Surf Boat Representative - VSRL

How To Get Involved

Nominees must be members of LSV. Nominations for positions are called for every two years, with 50 % of positions are called for each year. The Council Representative position is nominated each year.

Council of Lifesaving Clubs

Council of Lifesaving Clubs Officers

Officer Description

The Officers provide input and perspective to the LSV Board in determining, implementing and monitoring the strategic planning, direction and governance of the whole LSV organisation. They are responsible for overseeing the efficient and effective conduct of CLC meetings.

Positions

- Director – Council of Lifesaving Clubs x 2
- Meeting Chair/ Council Representative
- Council Representative

How To Get Involved

Nominees must be a member of LSV.

- Director positions are two year appointments, nominations are called for in alternate years.
- Meeting Chair / Council Representative and Council Representative positions, nominations are called for annually.

Council of Lifesaving Clubs

Description

The role of the CLC is to assist LSV and the LSV Board to ensure the growth, ongoing success and sustainability of lifesaving clubs in Victoria. The CLC provides a two-way link between Victorian Life Saving Clubs, the LSV Board and the LSV administration. The CLC will also contribute to ongoing communication between all sections of LSV.

Positions

- President or Delegate from each club
- Meeting Chair / Council Representative
- Council Representative

How To Get Involved

Each affiliated Life Saving Club may appoint one Delegate to the Council of Lifesaving Clubs. The Delegate must be a member of the affiliated Life Saving Club.

Life Saving Victoria Board

Life Saving Victoria Board

Description

The Board provides leadership that continues to strengthen the position of LSV as the peak aquatic safety organisation in Victoria, specifically in water safety and lifesaving.

Positions

- President
- Company Secretary
- Director – Community Aquatic Education
- Director – Aquatic Sports
- Director – Membership and Leadership Development
- Director – Lifesaving Operations
- Director – Training and Assessment
- Director – Council of Lifesaving Clubs x 2
- Independent Director x 2

How To Get Involved

- The President is elected by the Councils' Representatives
- Directors are appointed by the Council
- Independent Directors are appointed by the Board
- need to be a member of a Life Saving Victoria affiliated club.

Careers with Life Saving Victoria

The skills that you gain from lifesaving can transfer across to many aspects of your life. With a variety of seasonal employment opportunities at Life Saving Victoria, not only do you get to further develop your skills, you can also kickstart a career!



Australian Lifeguard Service

Life Saving Victoria's Paid Lifeguards

Position Description

Life Saving Victoria employs over 180 staff as Paid Lifeguards to supplement the volunteer system in protecting the Victorian public during the peak summer season. There is a variety of roles within the lifeguard service, though all must satisfy the following skills and qualifications. Some roles require additional qualifications and experience.

Essential Skills and Qualifications

- Bronze Medallion (Certificate II in Public Safety -Aquatic Rescue)
- Senior First Aid
- Spinal Management Award
- Advanced Resuscitation Techniques Certificate (ARTC)
- Basic Beach Management
- IRB Crew
- Working With Children Check (WWC)
- Ability to operate LSV radio network
- Ability to work with both small and large community groups

Highly Desirable Qualifications

- IRB Driver (strongly encouraged)
- Gold Medallion (strongly encouraged)
- ATV Induction (strongly encouraged)
- Current Motor Vehicle Drivers Licence
- RWC – Rescue Water Craft Operator Certificate

Essential Personal Specification

Lifeguards are required to keep physically fit in order to perform all Lifeguard duties. The fitness criteria is outlined below, in which all lifeguards applicants are required to pass

- Lifeguarding/Lifesaving patrol experience
- Proven ability to communicate effectively with staff and the public
- Demonstrate an ability to work in a team situation
- Demonstrate ability, in a 100 meter rescue tube swim, patient pick up and return to shore
- Successfully demonstrate current resuscitation techniques
- Successfully complete a theory examination
- Successfully complete an 400m Swim/800m run/400m board paddle/800m run in under 25 minute

How To Get Involved

Applications for lifeguards are sought annually from July to September with interviews and other recruitment processes generally taking place from October. For more information please contact Lifesaving Operations on 03 9676 6930 or email lifesavingoperations@lsv.com.au

Paid Lifeguard Positions

Beach Lifeguard

As a Beach Lifeguard you will ensure the safety of the public by

- Work in a small team (2-5) to deliver a professional and quality service
- Actively patrol the beach
- Recognise and prevent incidents for beach goers
- Perform first aid and rescues as required



Team Leader

As a team leader you will lead the team of lifeguards at a given patrolled location

Chief Lifeguard/ Lifeguard Supervisor

As a Chief Lifeguard you will

- Manage a team of lifeguards across an area
- Work with LSV to ensure quality assurance at all lifeguard sites in Victoria
- Be a role model and leader for all lifeguards across the state

Rescue Water Craft (RWC) Lifeguard

As an RWC Lifeguard you will be highly trained to provide support to a number of beaches and provide response as required to a number of locations. Regular patrols are conducted in Port Phillip Bay and the Surf Coast over the peak summer period. RWC operations are also delivered as part of the Event Lifeguard Service.



Event Lifeguard

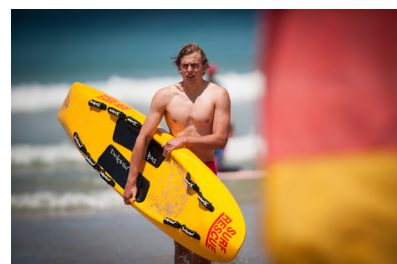
As an event lifeguard you may provide Water Safety and First Aid Services across the Melbourne metropolitan, regional and rural areas of Victoria.

Event Types

- Rowing Regattas
- Radio and Television promotions
- School/outdoor Excursions
- Private functions such as birthday parties or corporate events
- Music Festivals
- Water safety
- First Aid Events

LSVComms Radio Operator (Paid)

As an LSVComms Radio Operator you be responsible for receiving and processing all emergency and non-emergency state-wide communications throughout the lifeguard times. You will support the state duty officer in coordinating resource allocation and information distribution.



Life Saving Victoria Education Programs

Education Program Casual Instructor

Role Overview

Oversee and instruct participants in a range of Life Saving Victoria's (LSV) community and school based education programs, ensuring an understanding of key messages are delivered in an enthusiastic, professional and safe manner.

Opportunities

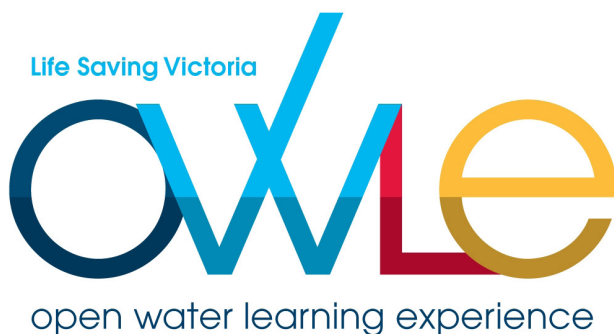
- Deliver the Open Water Learning Experience Program
- Deliver the Sink or Swim - Meet a Lifeguard Program
- Deliver Lifesaving Carnival sports days
- Teach children of all ages and instruct in a range of aquatic environments

Required Qualifications

- First Aid
- Working With Children Check (Employee)

Plus one of following:

- Community Surf Life Saving Certificate; or
- SLSA Bronze Medallion



**Contact the Education Team
for more information:**

**03 9676 6940
education@lsv.com.au**



Education Program Team Leader

Role Overview

Lead teams of Program Instructors and oversee the delivery of Life Saving Victoria's (LSV) Open Water Learning Experience.

Opportunities

- Lead and coordinate a team of passionate Instructors
- Transport equipment to and from program venues
- Conduct risk assessments
- Incident management
- Complete program reporting

Required Qualifications

- First Aid
- Working With Children Check (Employee)

Plus one of following:

- Community Surf Life Saving Certificate; or
- SLSA Bronze Medallion



Multicultural Program Instructor

Role Overview

LSV's multicultural programs educate an ever growing Victorian Culturally and Linguistically Diverse (CALD) community on much needed water safety. Doing so not only saves lives and prevents aquatic injury, but also develops a genuine social-inclusion that improves overall settlement.

Multicultural Program Instructors deliver:

- Meet a Lifeguard classroom programs
- Beach Programs
- The Open Water Learning Experience to a range of CALD organisations and participants, from a spectrum of ages, across Melbourne and Victoria.

Opportunities

- Deliver LSV Multicultural Programs
- Engage CALD participants in welcoming and inclusive manner
- Carry out surveying of program participants
- Work effectively as part of the Multicultural Projects program team.

Required Qualifications

- First Aid
- Working With Children check (Employee)

Plus one of following:

- Community Surf Life Saving Certificate; or
- SLISA Bronze Medallion

