



## **WELCOME TO THE FRANKSTON LIFE SAVING CLUB**

The board collective would like to thank you for your enquiry about becoming a member at the Frankston Life Saving Club. Nippers is a beach education program which introduces children aged 5 - 12 years to lifesaving in a fun and engaging way. Activities have been designed to progressively develop the essential skills of Nippers as they move through each age group. The lessons are presented in an easy to follow manner to ensure they can be delivered by all Age Managers regardless of experience.

### **CLUB CULTURE - CODE OF CONDUCT**

All senior members (13 years and older) are expected to read and adhere to the FLSC Constitution and By laws and the Code of Conduct. All are accessible via this [link](#).

#### **Frankston Life Saving Club Member Code of Conduct**

Frankston Life Saving Club members shall:

1. Respect the rights, dignity and worth of others
2. Be fair, equitable, considerate and honest in all dealings with others;
3. Be aware of, and maintain an uncompromising adhesion to FLSC, LSV and SLISA standards, rules, regulations and policies;
4. Be professional in, and accept responsibility for their actions;
5. Make a commitment to providing quality service;
6. Use facilities and equipment for their proper purposes, and care for and maintain such facilities and equipment correctly.
7. Refrain from anything which may abuse, intimidate or harass others;
8. Understand the consequences of any breach of LSV and SLISA's Member Protection Policy or Codes of Conduct.
9. Preserve and protect the standing and reputation of the FLSC and lifesaving in general

### **OUTLINE OF THE NIPPER PROGRAM**

At Frankston, Nippers runs on Friday nights between November and March. Due to COVID-19 some of the program delivery has altered to accommodate guidelines stipulated by our peak body, Life Saving Victoria.

**START TIME:** Arrive at 5.15pm for a 5.30pm start

**PARKING:** Parking is limited so please arrive with sufficient time prior to the beginning of the session.

**CHECK IN:** All members including Nippers are expected to check in on arrival using the Victorian Government's QR code as part of our COVID safe practices.

**FINISH:** Between 6.30 to 7pm depending on age group and activities.

You are welcome to come along on a Friday to have a look at the Nipper Program in action or you can join the family online prior to the beginning of the season. Each Nipper session ends with a BBQ and time for everyone to socialise in the clubrooms. The bar will also be open for our adult members to enjoy.

### **WHAT TO BRING**

Nippers need to wear their bathers and bring the following items with them to each session:

- 2 towels (1 for use in the car when travelling home if changeroom access is not allowed)
- Drink bottle
- Goggles
- Hat
- Thongs etc

Please note: Nippers can wear other clothing over the top of their bathers if it is cold or to wear before/ after the session. Nippers need to keep their belongings with them and to not use a communal tub as this is part of our COVID safe plan.

Parents are asked to spectate for their child's age group only and not to intermingle with others as this is also part of being COVID safe.

### **ON ARRIVAL**

On arrival please take your child to their age group and then let the Age Manager sign them in. They then need to wait there with their group for the entire session unless needing to use the toilet. Parents are asked to use the Club's QR code to sign in. Please maintain social distancing throughout the session. At the end of the session Nippers will be signed out to parents and can then be taken home.

### **NIPPER PROGRAM REQUIREMENTS**

There is a Junior Skills evaluation requirement for all nippers to be able to participate in water activities. There is also a competition swim requirement for Under 8 and above which needs to be met prior to participating in any competition, including club championships. Information regarding this is located at [Frankston Life Saving Club Nippers](#). ***Please note that we do not teach swimming as part of Nippers.*** We recommend families continue to take their children for regular swimming lessons to ensure they have adequate swim skills to participate in the program.

**FEES:** A non-refundable joining fee of **\$30** needs to be paid by all new members. Then there are two membership options:

- Junior Family - Non-active - **\$200** (For those families attending but not taking on an Age Manager, Official, Patrolling).
- Junior Family - Active - **\$180** (For those families intending on taking on an active role such as Age Manager, Official, Patrol).

*\*If you join up and have paid the fees we have a policy that if, within four weeks, you do not wish to continue with the membership we will fully refund your fees (except the joining fee). You must email us - [membership@frankstonlsc.com.au](mailto:membership@frankstonlsc.com.au) and let us know you do not wish to continue.*

**REQUIREMENTS:** At least one parent/guardian is required to sign up to the club with their nipper because parents/guardians **need to be in attendance** at Nippers for the duration of the program. This includes assisting with nippers on a regular basis e.g. set up and pack up of the beach. You do not need to know anything about nippers to assist and it helps you learn about the activities that the children are participating in.

The parents/ guardians signed up also need to hold a current Working With Children Check (WWCC). You will need to provide proof of this to the club before your membership can be processed.

We take the safeguarding of children and young people very seriously and require this documentation from all adult members of the club. If you are obtaining a WWCC as a volunteer there is no cost involved.

Note: Schools also require parents to have WWCC if they help in any way in the school, you can also nominate your child's school when applying for or updating your WWCC.

The WWCC holder **MUST** nominate Life Saving Victoria and Frankston Life Saving Club as an organisation you work or volunteer for. Our [Membership](#) page has links to this information.

If you already have a WWCC you can login to your WWCC account at the Justice Department, select 'Update personal details' scroll to the bottom of the page, and under organisations select 'Add organisations'. Fill in the details for Life Saving Victoria first then our Club second. [Organisation addresses](#).

### **ALTERNATIVE PAYMENT OPTIONS**

If you cannot pay by credit card we will take cash at the club. If you have difficulty making a payment online via the above process payment can also be made via this [Online Payment Portal](#)

Begin typing Frankston in the "Select the Entity to Pay" and the club name should appear. Please include your name, Family name and membership type EG nippers, senior patroller, in the "Complete name/meaningful payment details" section on this payment link.

### **UNIFORM REQUIREMENTS**

All nippers will require a pink high visibility singlets \$20, long sleeve vests are \$25 (this is a safety requirement for participants in any life saving activities across Australia) and a coloured cap \$10 for their age group. Cap colours are determined by your child's date of birth. If you want to see which age group your

child would be in follow this [link](#). If your child intends on participating in competitions away from our club they will also need to purchase a club cap (\$10).

We also have club rash vests, bathers, hoodies and tracksuits available to purchase. Our uniform shop usually opens around 5pm on nippers night and payments can be made by cash or tap and go (square) with the uniform shop.

If you have any other queries please feel free to contact me, Peta via email at [membership@frankstonlsc.com.au](mailto:membership@frankstonlsc.com.au). We look forward to welcoming you to the club at the start of the season.

## **COMMUNICATION**

The Club uses various means to keep in touch with its members and the wider community.

- **Newsletter** - In the on season we send out regular newsletters to members, this is generated automatically however if you would like to subscribe/ unsubscribe please email [admin@frankstonlsc.com.au](mailto:admin@frankstonlsc.com.au).
- **Public Facebook Page** - We have a public page which all members can follow which shares general information about the club with the wider community. Just go onto Facebook and search for @Frankstonlifesavingclub
- **Private Members Page** - We have a private members page which you will need to request to follow. All members will be asked to abide by our Social Media policy and verify their identity and membership status before being approved. Follow this link to make a [request](#).
- **Surfguard Messages** - At times we may need to text or email members to keep them informed about Club events. Please ensure your contact information is kept up to date in your Members Area account.